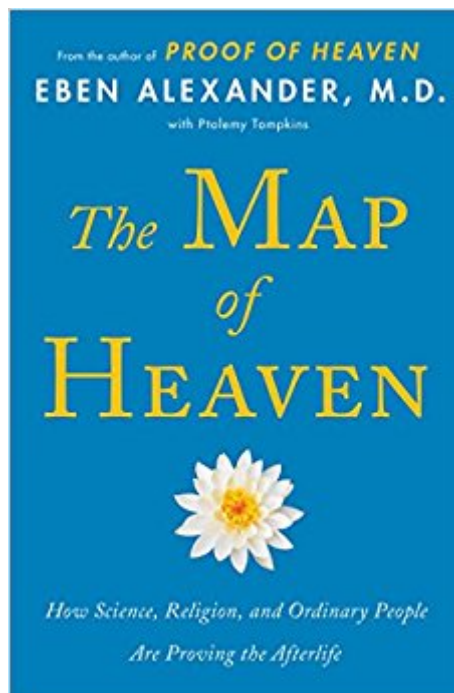




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# The Map Of Heaven: How Science, Religion, And Ordinary People Are Proving The Afterlife



## Synopsis

The author of the #1 New York Times bestseller *Proof of Heaven* teams up with the sages of times past, modern scientists, and with ordinary people who have had profound spiritual experiences to show the reality of heaven and our true identities as spiritual beings. *The Map of Heaven* takes the broad view to reveal how modern science is on the verge of the most profound revolution in recorded history – all around the phenomenon of consciousness itself! When Dr. Eben Alexander told the story of his near-death experience and his vivid journey to the other side, many readers wrote to say it resonated with them profoundly. Thanks to them, Dr. Alexander realized that sharing his story allowed people to rediscover what so many in ancient times knew: there is more to life, and the to the universe, than this single earthly life. Dr. Alexander and his co-author Ptolemy Tompkins were surprised to see how often his readers' visions of the afterlife synced up with each other and with those of the world's spiritual leaders, as well as its philosophers and scientists. In *The Map of Heaven*, he shares the stories people have told him and shows how they are echoed both in the world's faiths and in its latest scientific insights. It turns out there is much agreement, across time and terrain, about the journey of the soul and its survival beyond death. In this book, Dr. Alexander makes the case for heaven as a genuine place, showing how we have forgotten, but are now at last remembering, who we really are and what our destiny truly is.

## Book Information

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## Customer Reviews

"Eben Alexander proves to us once again that experience is the greatest source of knowledge.

Relying on his own near death experience and those of others who have written to him, Eben takes us from the wisdom of the Greek philosophers through to modern medical researchers to give us an overview of that mysterious place known as the afterlife. . . . A courageous book that tackles the question of life after life with science, philosophy and the heart rending experiences of many who have gone to the other side." (Raymond A. Moody, Jr., M.D., Ph.D., author of *Life After Life*)

“Neurosurgeon Eben Alexander generated enormous interest in what happens when we die in *Proof of Heaven*, his many-splendored account of his near-death experience. In *The Map of Heaven*, he expands his account by relating similar experiences of others, and by a rich analysis of supporting views from scientists and philosophers. The evidence Alexander offers suggests that the day is approaching when it will be considered irrational and unscientific not to believe in the survival of consciousness following physical death. This day cannot come too soon, for it will restore meaning and hope in a world besotted with the morbid fictions of materialism. Thank you, Dr. Alexander.” (Larry Dossey, MD, author of *One Mind: How Our Individual Mind Is Part of a Greater Consciousness and Why It Matters*)

“Dr. Alexander does it again. He brings his unique and considerable scientific knowledge and illuminates the world of spirituality. He creates a geography of science and faith that shows us a larger world filled with hope and dignity.” (Allan J. Hamilton, MD, FACS, author of *The Scalpel & The Soul* and *Zen Mind, Zen Horse*)

"In this important book, Eben Alexander describes how his own life-changing NDE was a personal example of what scientists, spiritual leaders and ordinary people throughout the world have been reporting, especially in the last two decades. This book makes it wonderfully clear how these mind-blowing experiences can have an enormous positive impact on the way we live our lives." (Pim van Lommel, M.D., author of *Consciousness beyond Life*)

"Moving beyond *Proof of Heaven*, Eben Alexander here draws upon his own coma experience in combination with related accounts from a wide variety of sources to advance an ecumenical vision, which I strongly support, of recovering humanity's lost wisdom through creative synthesis of the best in contemporary science and religion." (Edward F. Kelly, PhD, author of *Irreducible Mind and Beyond Physicalism*)

Eben Alexander, MD, has been an academic neurosurgeon for the last twenty-five years, including fifteen years at the Brigham & Women's and the Children's Hospitals and Harvard Medical School in Boston. He is the author of *Proof of Heaven* and *The Map of Heaven*. Visit him at [EbenAlexander.com](http://EbenAlexander.com). Ptolemy Tompkins is a former editor at *Guideposts Magazine* and the author of seven books. His writing has been featured in *Beliefnet*, *Harper's*, *The New York Times*, *the Los Angeles Times*, *The Best Spiritual Writing*, and

## The Best American Spiritual Writing.

Dr. Alexander's first book was a milestone in NDE experience and consciousness research. The authenticity of his story added weight to the accounts of many others who had come forward before him and shared their personal stories of NDE. "Proof Of Heaven" brought the topic out of the shadows and into the mainstream - and it provided much-needed publicity that highlighted and built interest in the field of NDE study and research. It widened the audience beyond those who were already interested in the topic, and generated renewed interest in seekers and skeptics alike. Before writing his first book Dr. Alexander carefully avoided reading or researching Near Death Experience accounts of others; and, consequently the purity and drama of his personal NDE came through very clearly. It was a powerful account of an extraordinary journey to the afterlife and back! Now he has written a follow-up book that provides a background of research and includes selections of other people's moving NDE experiences and insights which demonstrate the increased awareness of mind, body, spirit and consciousness that such an experience can precipitate. His new book references many well-know seekers, historical figures, psychologists and quantum scientists: Aristotle; William James; Niels Bohr; Sri Ramakrishna and Plato, to name a few. Although he is, I believe, a Christian, his attitude towards all religious traditions is open and accepting. In pages 6 - 9 he discusses the ancient Mystery Schools and the Eleusinian mysteries, which, like Christianity, placed an emphasis on initiation. He follows this up with a letter from a reader of his first book who is seeking information and clarification regarding his "Earth Worm Period." His thoughtful and insightful answer is, I believe, profound in its simplicity. For full disclosure, I will add I have experienced out-of-body phenomenon, and for this reason, I attended the recent 2014 Afterlife Conference (my first ever foray into that world). I went specifically to hear Dr. Alexander speak about his experience. It was one of the most honest and compelling disclosures I've had the pleasure of hearing in recent years. It is quite clear that he experienced The Light of Heaven because it shines through him now.

I found his book to be really well written with excellent and very well researched background information. I believe that the author has indeed experienced all of the things that he personally describes and that he has used very credible information from others from whom he has had messages describing their own experiences. It was indeed a pleasure to read this book, and we have recommended it to serveral friends.

While I admire Dr. Alexander's book, I feel a little sorry for him because he has to handle so much abuse from unbelievers. They want material proof of something immaterial, and they angrily heckle him from a distance. They seize upon irrelevant things, such as did he fall into a coma or was he really induced (aha!) into a coma, all the while assuring themselves that this world is all there is and only stupid people (apparently from the dawn of time until now) would believe otherwise. If you can't explain consciousness in the brain then you can't explain it away outside the brain either, but this hasn't stopped the skeptics. Come to think of it, since materialists think that we are just machines with the illusion of free will, doesn't that mean that they can't claim any particular insight to the truth of things? Their ideas evolved, like say their eye color, and they had no more control over it than that.

I am so glad the ordered and disciplined mind of Eben A wrote this book! I have studied all this and more but I grow weary when I have to start at the beginning with beginner seekers of self knowledge? bless their happy making souls, I now have an "in a nutshell " book to point to that we are all connected throughout time space Etc and everything we become aware of enlivens and enriches ourselves and the whole ! I also loved being reacquainted with Plato. Well done Sir! Love and light

The new sequel to Eben Alexander's "Proof of Heaven " book is an excellent follow up that includes many anecdotal stories and examples of the colorful variety of NDE and related experiences of those who have traveled between the worlds briefly to become aware of the many dimensions of the human energetic bodies and the variety of ways in which the "soul" and mind transcend the transition called death or Near death .This follow up book has many examples of professionals including doctors such as Eben Alexander and others who have had definitive life changing experiences that have changed their lives forever and given them a new perspective on what life truly is and the implications that such experiences have in the subsequent life path and beliefs and philosophy of those that "transcend death" and relate the experience to others..Map of Heaven has much research from the voluminous research and documentation by others in the field in the various NDE and related organizations and the detailed accounts of both researchers and their subjects as well as the many anecdotal accounts of loved ones or patients who return from a transcendent NDE or Glimpse of Higher Realms to tell the often incredulous onlookers , caretakers, and loved ones or physicians.From the unique position of a well established physician and surgeon (Eben Alexander) whose tenure included Yale and Harvard and whose miraculous total recovery after a devastating

meningitis caused a lengthy coma in which he experienced multidimensional realms of Light and unconditional love. Dr Alexander has now become a full time proponent of the documentation and philosophy and study and research of NDE's and other related experiences that result for the hyper real experiences and insights caused by the "initiation into a many layered realm of light and love" The next step for many decades to come for both philosophers and scientists who feel the passion of this emerging field of Near Death and "temporary death induced" Communications and the insights and proof and substantiation needed to bring this study and co relation into the realm of "scientific rigor" is the study and psychology and philosophy that these NDE experiences bring about in the lives and morals and ethics and relations and lifestyle of those who have them and even those who have been told of them by loved ones and patients. I personally have a life changing NDE in 1970 traveling in the mountains of central America and my entire career and study and profession as well as diet and focus changed entirely afterwards. In a time when radical shift and change is needed in our society and in planetary affairs including science and philosophy and ethics the studies that Map of Heaven represents will become more and more accepted and integrated in to the standard practice and investigation into the meaning of life and the science of holistic health and psychology. The co author of this book is the son of Peter Tompkins whose father was co author of the book "Secret life of Plants" from the 1960s and who also wrote "The Secrets of the Soil" . Ptolemy Tompkins adds a distinctly colorful aspect to the book and its focus. For anyone interested in a riveting exploration of the world of NED experiences and the implications of higher realms of consciousness and the unlimited potential of the mind and soul to transcend "death" and experience unconditional love and awareness and insight.. I highly recommend this book.

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